



WHOLE FOOD
SOURCED

DAIRY-FREE
SOY-FREE
KETO FRIENDLY



ALLMAX **MEALPREP LITE** is a dairy-free, all-in-one whole-food protein made with six whole-food protein sources, medium chain triglycerides (MCT), omega-3s, green superfoods, and adaptogens like reishi mushroom and turmeric.

ALLMAX **MEALPREP LITE** contains no whey, sugar, or lactose and is keto friendly. Each serving provides clean, balanced nutrition to fuel your day and keep you feeling satisfied.

Enjoy ALLMAX **MEALPREP LITE** anytime as a **Convenient and Delicious High-Protein Lean Meal!**

PROTEIN SOURCE	BV	PDCAAS	DIAAS
1. MEALPREP LITE™	97	0.97	0.94
2. TRIMMED STEAK	80	0.92	0.92
3. TUNA (canned in water)	83	0.94	0.70
4. CHICKEN BREAST	79	0.92	0.72
5. WHOLE EGG	100	0.97	0.86

SCAN THE
QR CODE
FOR MORE
CHART INFO

For more product information, visit [ALLMAXNUTRITION.com](https://www.allmaxnutrition.com)



UNSURPASSED: THE ALLMAX® QUALITY GUARANTEE

Every ingredient added and every lot produced is laboratory-tested for purity and potency to ensure consistent product quality and integrity every time, guaranteed. **MEALPREP™ LITE** goes through the exclusive ALLMAX 5-Stage Quality Testing protocol. In fact, we're so confident in the quality of our product that it's completely guaranteed. Test our product; we guarantee it passes every time or we pay for your testing and refund your purchase. You won't find anyone else willing to stand behind their product with this guarantee.

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* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

30
SERVINGS

ALLMAX®

23g
PROTEIN*

WHOLE FOOD SOURCED MEALPREP™ LITE

● Dairy-Free ● Zero Sugar¹ ● Nutrient Dense



Double Chocolate Fudge



2.32 LBS
Net Wt 1054g (37oz)

Natural & Artificial Flavors
*Not a low calorie food. See nutritional panel for more information.

DAIRY FREE
SOY FREE
NO ARTIFICIAL FLAVORS OR COLORS
WHOLE FOOD SOURCED
CGMP REGISTERED
LAB TESTED EVERY LOT
Sweetened with Aspartame Potassium & Sucralose

Nutrition Facts

Servings Per Container 30
Serving Size 1 Scoop (35g)¹

Amount per Serving
Calories 130

% Daily Value^Δ

Total Fat 2.5g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 200mg **9%**

Total Carbohydrate 5g **2%**

Dietary Fiber 2g **7%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 23g **46%**

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 2mg **11%**

Potassium 230mg **5%**

Phosphorus 30mg **2%**

Magnesium 20mg **5%**

^Δ The % Daily Value (DV) tells you how much a nutrient in a serving of food constitutes to a daily diet. 2,000 calories a day is used for general nutrition advice.

¹ Due to natural variations in product density, resulting from settling and / or humidity, the values are approximate. Shake product before use.

[ALLMAXNUTRITION.com](https://www.allmaxnutrition.com)



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DIRECTIONS: Blend, mix, or shake one rounded scoop with 5 to 8 oz (150 to 240 mL) of cold water or your favorite beverage. Adjust the amount of liquid based on your desired taste and consistency. Enjoy anytime you want an ultra-premium whole-food protein beverage.

INGREDIENTS: Whole-Food Protein Blend (Beef Protein [Grass-Fed], Brown Rice Protein, Pea Protein, Egg Albumin, Chicken Protein, Salmon Protein), Cocoa Powder, Medium Chain Triglycerides (MCT) Oil Powder, Natural and Artificial Flavors, Organic Greens Blend (Organic Broccoli, Organic Kale, Organic Alfalfa, Organic Barley Grass, Organic Beet Root, Organic Carrot, Organic Wheat Grass, Organic Spinach, Organic Sea Buckthorn, Organic Cauliflower, Organic Goji, Organic Red Bell Pepper, Organic Green Bell Pepper, Organic Chlorella, Organic Spirulina), Arabic Gum, Cellulose Gum, Sea Salt, Chia Seed Powder, Reishi Mushroom Powder, Organic Turmeric Powder, Acesulfame Potassium, Organic Cinnamon Powder, Sucralose, Silica.

ALLERGEN WARNING: Contains egg, fish (salmon). Produced in a facility that also handles milk, soy, peanuts, sesame, tree nuts, wheat, and crustaceans / shellfish.

WARNINGS: Use only as directed. For adult use only. Consult a health care practitioner prior to use if you are pregnant or breastfeeding, if you have liver or kidney disease, or if you have been instructed to follow a low protein diet. Do not use if inner seal is broken. Store in a cool, dry place. Keep out of reach of children.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.000005 g of lead. For more information go to www.P65Warnings.ca.gov.